

Name: _____

The First Olympics



Today's Olympics are split into Summer and Winter Games. One happens every two years. A different country holds them each time. People from all over the world play. But it wasn't always like that.

Greece held the first known Olympic Games in 776 B.C.E. Only Greek men played. The Olympics also didn't move. They were always held in Olympia. Olympia held them every four years, even if there was a war!

Early Olympic Games had no winter sports. Most of today's summer sports weren't played either. Some of the games were running, wrestling, jumping, and disk-throwing (called discus). People also liked horse races.

The Olympic Games were played until 393 C.E. That's when a Roman leader



Preview

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3. If the statement is true about the first Olympics, write **F** on the line.

If it is true about today's Olympics write **T** on the line.

- _____ Women can't play.
- _____ They are held every two years.
- _____ Snowboarding is one of the sports.
- _____ They are held in the same city.

4. What does an athlete have to do in discus?

5. Why did the Greeks stop holding the Olympic Games?

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