

Name: _____

Hibernation

By Kimberly M. Hutmacher

Hibernation is a word used to describe an animal that passes the winter months in a sleep-like state. Certain animals do this because they otherwise couldn't survive the severe cold and lack of food through the season. Common hibernators include woodchucks, ground squirrels, hedgehogs, hamsters, and bats. Many people think that



Preview

Please log in to download
the printable version of this worksheet.

warmer weather and sources of food, these animals will wake up and resume their normal lives.

Did you know that there are animals that do this same kind of thing during the summer months? In areas of the world that are very hot and dry, the summer months can be life threatening to some animals. Creatures, like certain frogs and fish, bury themselves in mud and stop all activity until the difficult summer months are over. This process is called estivation.

Both hibernation and estivation are survival tools used to help our animal friends survive their most difficult seasons.

Name: _____

Hibernation

By Kimberly M. Hutmacher



1. List 5 hibernating animals mentioned in the text of the article.



Preview

Please log in to download
the printable version of this worksheet.

3. What occurs right after hibernation?
- a. an animal finds or makes a winter shelter
 - b. an animal falls into a deep sleep
 - c. an animal ventures out to look for food
 - d. winter arrives
4. What is estivation?
- a. when an animal slows down and sleeps through the winter months
 - b. when an animal digs a hole and looks for food
 - c. when an animal slows down and sleeps for the summer months
 - d. when an animal wakes up during hibernation

ANSWER KEY

Hibernation

By Kimberly M. Hutmacher



1. List 5 hibernating animals mentioned in the

Preview

Please log in to download
the printable version of this worksheet.



1. What is estivation?

- a. when an animal slows down and sleeps through the winter months
- b. when an animal digs a hole and looks for food
- c. when an animal slows down and sleeps for the summer months**
- d. when an animal wakes up during hibernation